

Mount Vernon High School

Café Lunch Menu



Meal Prices

Student: Paid	\$3.00
Student: Reduced	\$0.40
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fresh veggies, fruit and milk!

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwiches & Pizza	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Variety of Gourmet Pizza Choices
Grill	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips
WRAPS	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP
Special	Daily Special	Daily Special	Daily Special	Daily Special	Daily Special
Salad Bar	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Service Director, at (360) 428-6149.

Mount Vernon High School

Café Breakfast Menu



Meal Prices

Student: Paid	\$1.75
Student: Reduced	\$0.30
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fruit and milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Offerings	Cereal + String Cheese Cereal (2 each) Oatmeal + String Cheese Oatmeal (2 each) Yogurt + Cracker Yogurt + Granola Pop Tarts + String Cheese Bagel w/ Cream Cheese	Cereal + String Cheese Cereal (2 each) Oatmeal + String Cheese Oatmeal (2 each) Yogurt + Cracker Yogurt + Granola Pop Tarts + String Cheese Bagel w/ Cream Cheese	Cereal + String Cheese Cereal (2 each) Oatmeal + String Cheese Oatmeal (2 each) Yogurt + Cracker Yogurt + Granola Pop Tarts + String Cheese Bagel w/ Cream Cheese	Cereal + String Cheese Cereal (2 each) Oatmeal + String Cheese Oatmeal (2 each) Yogurt + Cracker Yogurt + Granola Pop Tarts + String Cheese Bagel w/ Cream Cheese	Cereal + String Cheese Cereal (2 each) Oatmeal + String Cheese Oatmeal (2 each) Yogurt + Cracker Yogurt + Granola Pop Tarts + String Cheese Bagel w/ Cream Cheese
Daily Special	Breakfast Sandwich Choice of: Sausage, Egg & Cheese Sausage & Cheese Ham, Egg & Cheese Ham & Cheese, No Egg	Breakfast Pizza	Breakfast Sandwich Choice of: Sausage, Egg & Cheese Sausage & Cheese Ham, Egg & Cheese Ham & Cheese, No Egg	Cinnamon Roll + String Cheese	Breakfast Sandwich Choice of: Sausage, Egg & Cheese Sausage & Cheese Ham, Egg & Cheese Ham & Cheese, No Egg

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